

A "second wind" can be defined as "a person's ability to breathe freely during exercise, after having been out of breath; a new strength or energy to continue something that is an effort; renewed energy or endurance." In simplest form the term second wind is a feeling of new energy that allows us to continue to do something after we have begun to feel tired or the recovery of breath after the loss of breath.

In the Biblical languages of Hebrew and Greek "wind" and "spirit" are the same word. The people of God are a people of the "second wind," The God who gave us the first breath in Genesis is the God who gives us a second wind that produces courage, stamina, strength, determination, and steadfastness to complete our assignments.

In our world and in our community many people in the Body of Christ have become weary and tired. Many feel that they have been fighting the fight of faith for such a long time that they cannot go on any longer. The battles have been intense and seemingly overwhelming at times, but God is breathing new life, power, and energy into us. I believe we are in our Second Wind Season. The Holy Spirit is blowing upon us. We aren't going under, but we are coming out on top. We will not fail or fall on the battlefield, but we will come out as victors. Some may ask why would we need a second wind from God. Remember the second wind is

Some may ask why would we need a second wind from God. Remember the second wind is used figuratively. In Genesis 2:7 God breathed on us with the breath of life and we became a living soul. In Acts 1:8 Luke says after the Holy Ghost (rushing mighty wind) comes upon us we shall receive power. God is always breathing fresh wind or new life into us.

As a former athlete I remember getting to a point where I did not think I could go on, However, somehow I found the strength to press on, I found a second wind, with renewed energy and endurance to finish the race. As we choose to press on in the power of the Holy Spirit, we can get our second wind. We are in a season of pressing where God is giving us our "second wind" to leap over hurdles, persevere through trials, push past our pain, and overcome the failures of our past. In this season when you feel the wind blowing don't rule it out - a career change, a new baby, a move, etc. all are a part of the second wind

We must pray in the power of the Holy Spirit to regain our vigor and spiritual endurance. Keep running. Don't stop pressing. Let us allow the Holy Spirit to blow His second wind into us over and over again. The WIND is still blowing. Receive your second wind.







The CBC Nursery is available during
Sunday Morning worship experiences.
Sign in begins at 9:15 a.m.
Ages for the Nursery are infant to 5 years olds.





Sunday, August 6th, 2023

Wear white in celebration of Bishop Jackson's 56th birthday!





## LIVE STREAMING



Follow us on Facebook (Cornerstone Baptist Church) and subscribe to us on YouTube (CB Church Spartanburg) for all worship experiences!



## Cluster and Ministry Leaders:

Please submit any announcements for our CBC Connect Newsletter by the 15th of each month.



## Ministry Leaders:

Do you need to reserve a meeting space and time?

Please consult your Cluster Leader

with your requests.



Have a fundraising project idea that would bless CBC??

Please submit your ideas to Minister Aleasha & Minister Akia via email.





Trustees: Gregg Canzater, Bennie Gibson, Elaine Davis, Marco Nestola, Harold Smith

Deacons: Eric Rookard, Lee Sartor, Julie Goins,

**Lenny Kindall, Alfred Meadors** 

Deaconess: Sylvia Robinson, Peggy Mallory,

Mamie Stripling, Jennifer Kindall,

**Phoebe Meadors** 



Just remember, while you worship and while you tarry...
NO FOOD OR DRINK in the AV Room or Sanctuary!

Paxton

All Ministry Leaders and Members- Paxton is working! If you would like to purchase or pick up your key fob please see Minister Aleasha Jackson to schedule a pickup time.



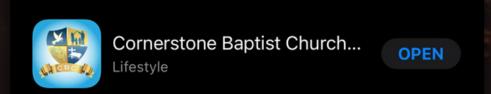
Join us for Intercessory Prayer at 8:00 am, Sunday School at 8:30 - 9:30 am, and Sunday Morning Worship at 9:30 am.

Pay your tithes with ease with credit card, debit card, online through PayPal or CBC Cash App.



**\$CBCSpartanburg** 

Follow us on Facebook and on YouTube (CB Church Spartanburg) for all worship experiences & virtual Bible Study on Wednesdays @ 6:30 pm! Download our CBC App, create a profile and save 864-689-2996 in your contacts on your phone for important notifications.







## Encouraging Corner with CoPastor Be Free

"Christ has set us free to live a free life. So take your stand!

Never again let anyone put a harness of slavery on you."

Galatians 5:1 MSG

There is a story of a talking parrot who lived caged for most of its life with a not-so-nice owner. The owner would taunt his caged pet asking him "wanna be free, wanna be free." One day the clever parrot started repeating what his owner said and despite his owner's irritated disposition the clever bird persisted saying "wanna be free, wanna be free." Finally, the owner couldn't take the menacing repetition any longer and put the caged bird up for sale. Sure enough, a kind man came to buy the parrot and took him to a loving home. The parrot once again began its usual recitation "wanna be free, wanna be free." The kind new owner opened the parrot's cage to allow the parrot to go free. The parrot tilted its head in confusion still perched inside its' OPEN cage and continued its recitation "wanna be free, wanna be free."

Sadly, this is the story of many of our lives. The enemy has held us hostage for so long and taunted us with his lies of freedom. Jesus Christ our savior has bought us and opened our cages and for some reason, we stay in our respective cages (lives) with freedom all around us but we choose to say we want to be free but remain in open cages.

Beloved, Jesus has come to buy us back and set us free. Choose your freedom. The cage of depression, rejection, oppression, and slavery can no longer keep us bound. Be free! Jesus Christ has set us free!

Stay Encouraged!